





MAY 2023 PK MENU

Student Breakfast	\$0.00
Student Lunch	\$0.00
Adult Breakfast	\$2.75
Adult Lunch	\$4.85

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast -Min Required: 1 1/2 oz Equiv. Grain 1/2 Cup Fruit 3/4 Cup White Milk 1.5 oz Equiv. Grain 1/4 oz Equiv. Grain 1/4 Cup Fruit 3/4 Cup White Milk	2 Whole Grain Frosted Flakes Fresh Fruit String Cheese CHICKEN CORNDOG Cheddar Crackers VEGGIES FRUIT	3 PANCAKE wrapped TURKEY SAUSAGE Fresh Fruit Mini Slider CHEESEBURGERS VEGGIES FRUIT	4 MINI WAFFLES w/Yogurt Fresh Fruit WILD MIKE'S CHEESY BITES w/ Dipping Sauce GREEN SALAD FRUIT & VEGGIES	5 YOGURT PARFAIT w/BERRIES & GRANOLA Fresh Fruit Whole Grain CHEESE PIZZA DAY VEGGIES FRUIT
Fruit & Veggie will vary daily from a variety of: Carrots, Broccoli florets, Celery Sticks, Green Salad, Cauliflower, Peapods, Legumes, Cucumbers or other in season produce with fresh fruit everyday. 	9 Whole Grain Multi- Grain Cheerios Fresh Fruit Fruit Yogurt MINI CHEESE CALZONES w/Dipping Sauce VEGGIES FRUIT	Early Release 10 BREAKFAST BURRITO w/Egg, Turk-Sausage, Potato & cheese MACARONI & CHEESE w/ Garlic Toast VEGGIES FRUIT	11 Strawberry BAGELER Sunflower Seeds Fresh Fruit BEEF DIPPERS w/Potato Wedges VEGGIES FRUIT	12 Whole Grain Cinnamon Chex Fresh Fruit Hard Boiled Egg PEPPERONI BAGEL PIZZA VEGGIES FRUIT
	16 Whole Grain Frosted Flakes Fresh Fruit String Cheese MIX IT UP Check in with Cook FRUIT SLUSHIE VEGGIES FRUIT	17 PANCAKE wrapped TURKEY SAUSAGE Fresh Fruit PASTA & BEEF w/Tuscan Marinara Garlic Bread Stick VEGGIES FRUIT	18 Whole Grain BLUEBERRY MUFFIN String Cheese Fresh Fruit CHICKEN BURGER on a Whole Grain Bun w/Mixed Vegetables VEGGIES FRUIT	19 YOGURT PARFAIT w/BERRIES & GRANOLA Fresh Fruit Whole Grain CHEESE PIZZA DAY VEGGIES FRUIT
	LAST DAY of PK 23 Cinnamon Chex Fresh Fruit Sunflower Seeds CHEESE QUESADILLA Salsa & Lettuce VEGGIES FRUIT FRUIT SLUSHIE	24 	25 	26
Low-fat White Milk is served with every meal.			HAVE A GREAT SUMMER!	